

# Muhlenberg College Dining

Virtual Tour 2022





# WELCOME

*Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.*

*Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.*

## AWARDS & ACCOLADES

*#1 Best College Food in PA – 2022, 2021, 2020*

*#14 Best College Food in America 2022*

*#10 Coolest Schools 2019 – Sierra Club*

*PETA Report Card Grade: A*



# Meet the Team

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John Pasquarello  
General Manager



Peter Stark  
Operations Manager



Jenell Butz  
Catering Director



Erin Foertsch  
Marketing Manager



Jonathan Powers  
Mashgiach

# Meet the Team (Cont'd)

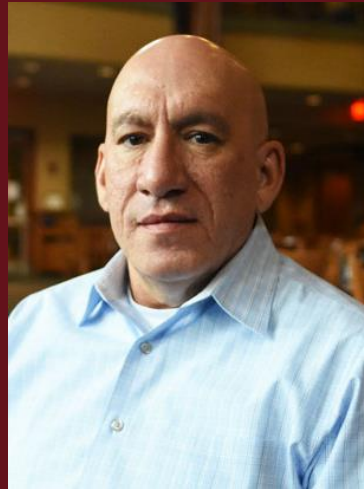
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Tim Jackson  
Retail Manager



Anthony Onorata  
Executive Catering Chef



Antonio Sesma  
WDC Manager



Michael Brack  
Executive Chef



Tori Kaleycik  
Registered Dietitian

A close-up photograph of a white tray filled with numerous donuts. Each donut is coated in a smooth, light pink glaze and topped with a generous amount of multi-colored sprinkles. The donuts are arranged in neat rows, filling most of the frame. In the bottom right corner, a portion of a dark blue fabric with a colorful cartoon character and a pink donut graphic is visible.

# Let's Have Some Fun

*At Muhlenberg Dining, food is the foundation for fun. Join us for weekly and monthly special events and promotions. We believe that relationships are strengthened around the table.*

## DINING EVENTS

### Limited Time Offers

- Meal time is about much more than just great food. It's a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

### Pop Up Events

- Every now and then we like to do something special. Whether it be out of our food truck, The Mobile Mule, a wellness event, a Farm to Table 4-course meal, or at our popular General's Carvery station outside of the General's Quarters, we like to mix things up!

### Promotions

- Every week will bring new promotions and celebrations, including chances to win prizes, such as gift cards, tablets, and headphones. Be on the lookout on our social media and event calendars to stay up to date!





# The Wood Dining Commons

Seegers Union Building

Swipes, Dining Dollars, 'Berg Bucks accepted here!

## Wood Dining Commons Restaurants



**Chef's Table:** Serves classic favorites as well as our chefs' specialties.



**Magellan's:** Serves a world of flavor with international comfort foods.



**Wildfire Grille:** Offers made to order breakfast sandwiches, burgers, veggie burgers, grilled vegetables, French fries and our signature Buffalo Chicken Meltdown.



**Chew Street Deli:** Offers made to order sandwiches and wraps as well as two fresh, homemade soup du jour.



**Mangia! Mangia!:** Serves Italian cuisine, including brick oven-style pizza and made to order pasta dishes.



**Croutons:** Offers a fully loaded salad bar as well as a salad toss and composed salads station.



**Noshery:** Kosher kitchens under rabbinical supervision with separate meat and dairy areas.





# The General's Quarters

Seegers Union Building

Dining Dollars & 'Berg Bucks accepted here!

## General's Quarters Restaurants



**'Bergers Grill:** Whether it's breakfast, lunch or dinner, an omelet or a burger, the grill is the place to get your favorites!



**Subconnection:** Choose from a variety of meats, cheeses and toppings to create your own sandwich on our freshly baked breads!



**Ikigai Sushi:** Sushi made fresh daily right in front of our customers! Conveniently packaged for those on the run!



**Grab n Go:** Choose from our selection of seasonal wraps, parfaits, salads and more.



**Cyclone Salads:** Build your own tossed-to-order salad and pair with one of our freshly made soups du jour!



**Beverages:** Stop by for a hot or cold beverage including Seattle's Best coffee, hot tea, fountain beverages and more.



# Mule Express

Seegers Union Building

Swipes accepted here!

## Mule Express Menu



**Pasta Monday:** Featuring your choice of Cheese Tortellini or Linguine with your choice of Grilled Chicken or Grilled Vegetables and choice of sauce. Served with Garlic Parmesan Knots.



**Mac & Cheese Tuesday:** Featuring house-made Mac & Cheese with your choice of Beef, Turkey or Roasted Vegetables. Served with a warm Pretzel Stick.



**Stir Fry Wednesday:** Featuring choice of Brown or Long-Grain Rice with your choice of Beef or Chicken with sautéed Mushrooms, Green Peppers and Onions. Served with a Fortune Cookie.



**Spaghetti Thursday:** Featuring Spaghetti with your choice of Meatballs or Eggplant Parmesan. Choose from Marinara Sauce or Alfredo Sauce. Served with a Garlic Bread Stick.



**'N Chips Friday:** Featuring "Mule Fingers" (fresh battered, seasoned buttermilk Chicken Tenders) or Zucchini Strips. Served with hand-cut Fries or Cole Slaw and choice of sauce.



**Breakfast Saturday:** Featuring Scrambled Eggs or Egg Whites with your choice of Bacon, Sausage, Onions, Peppers and Tomatoes. Served with Hash Browned Potatoes.



**Lo Mein Sunday:** Featuring Vermicelli or Lo Mein Noodles with your choice of Pork, Chicken or Shrimp, with Sprouts, Onions, Peas, Carrots, Mushrooms. Served with Fried Wontons.



WELCOME TO JAVA JOE!

ITEM	PRICE
Espresso	\$1.50
Latte	\$2.50
Cappuccino	\$2.50
Mocha	\$3.00
Macchiato	\$2.50
Flat White	\$2.50
Dirty Chai	\$3.00
Hot Chocolate	\$2.50
Smoothies	\$3.50
Seasonal Flavors	\$3.50
Specialty Coffee	\$4.00
Organic Coffee	\$4.00

# Java Joe

Seegers Union Building

Dining Dollars & 'Berg Bucks accepted here!

## Java Joe



Java Joe Proudly serves Starbucks Coffee, specialty beverages, flatbreads and from-scratch baked goods. Stop by and check out our daily specials.



ded smoothies

# Life Sports Center Cafe

Life Sports Center

Dining Dollars & 'Berg Bucks accepted here!

**Tropical Therapy™** 360-650 cal  
Pineapple and coconut blended with kiwi-lime sorbet

**Caribbean Craze™** 270-480 cal  
Sorbet blended with strawberries & bananas

**Mango Me Crazy™** 250-420 cal  
Mango sorbet blended with mango & pineapple

Additional nutritional information is available upon request. 2,000 calories a day used for general nutrition advice, but calorie needs vary.

**Don Jammer™** 270-470 cal  
Strawberries and banana blended with fat-free Greek yogurt

**Peach On The Beach™** 240-420 cal  
Peaches, strawberries and mango blended with orange sherbet

**Orange Sunrise™** 250-470 cal  
Orange sherbet blended with pineapple, strawberries & bananas

**Purple Reign™** 270-480 cal  
Strawberries blended with non-Raspberry sorbet & strawberries

**Bangin' Berry™** 300-540 cal  
Blueberries and banana blended with non-Raspberry sorbet

**High-Performance Oh Kola™** 409 or 579 or 709  
Organic kale, spinach & green blended with mango, pineapple & orange sorbet

**Super Red™** NEW  
Apple, cranberries & orange blended with mango, strawberry & orange sorbet

**Peanut Butter Protein™** NEW  
Handmade banana, chocolate & peanut butter yogurt blended with thick soft-serve vanilla

**Acid Energy Bowl™** NEW  
Organic oat blended with fat-free blueberries, banana and kiwi with strawberries, mango, passion & honey drizzle

**YOGURT**  
WITH FRUIT & ACTIVE CULTURES

**CLIPS** 200-240 cal 249 299  
With up to 3 toppings

**WAFLE CONE** 220 cal 249 269  
With 1 topping

**CAKE CONE** 180 cal 249

**PRO-YO BLAST** 389  
With 1-2 toppings

**INDULGENT SHAKES** 389  
With 1-2 toppings

**SANDWICHES**

**Seasonal Items**

**Crash Your Own**



# Life Sports Center Restaurants



**Cyclone Salads:** Serves made to order salads. Choose from one of our delicious options or create your own from our freshest ingredients.



**Freshens:** Serves delicious fruit smoothies, frozen yogurt, and other sweet treats.





# Nutrition & Allergy Awareness

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Registered Dietitian Tori Kaleycik adds another dimension to our dining program.

- Works closely with the Office of Disability Services.
- Those with allergies and medical needs should submit a special dining services request form.
- Look for her at our monthly wellness events!
- Contact her directly: [torikaleycik@muhlenberg.edu](mailto:torikaleycik@muhlenberg.edu)

We recognize the growing need on campus for various dietary needs such as gluten free, lactose free and kosher. We offer gluten friendly foods as well as Star K and Star D certified Kosher cuisine in the Wood Dining Commons along with packaged snacks and convenience items in the General's Quarters. We also offer a wide variety of vegan and vegetarian options every day. Additionally, our employees are trained on food safety and food allergies on a regular basis.



Look for these nutrition icons on the foods being served on campus to help you meet your dietary needs or desires. If you need assistance finding the right types of foods for you, please reach out to a manager or chef.

For more information on special diets, or to schedule a consultation, contact [diningcomments@muhlenberg.edu](mailto:diningcomments@muhlenberg.edu)



# Meal Plans



# Meal Plans

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## First Year Plans:

### **PLATINUM MEMBERSHIP**

\$3,065.00  
Unlimited Swipes + \$300 Dining Dollars  
10 Guest Meals are included.

### **GOLD MEMBERSHIP**

\$2,995.00  
210 Swipes + \$400 Dining Dollars

### **TRADITIONAL MEMBERSHIP**

\$2,665.00  
19 Meals Per Week

## Additional Plans

Available After the First Year:

### **SILVER MEMBERSHIP**

\$2,665.00  
175 Swipes + \$350 Dining Dollars

### **BRONZE MEMBERSHIP**

\$2,412.50  
150 Swipes + \$300 Dining Dollars

### **CARDINAL MEMBERSHIP**

\$792.50  
70 Swipes + \$50 Dining Dollars

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Visit <https://www.muhlenberg.edu/incoming/summer-advising/>  
to sign up for your meal plan!

## How does my meal plan work?



There are 3 meal plans to choose from as a freshman. Meal swipes are available in every meal plan. A swipe gets you a full meal at either the Wood Dining Commons or the Mule Express. The platinum meal plan gives you 10 guest swipes for the semester. Swipes do not roll over from fall to spring.



There are 3 meal plans to choose from, and dining dollars are available in 2 of the meal plans. Dining Dollars provide a component of declining balance that can be used at any of the dining venues on campus. Dining Dollars may be used throughout the semester while in academic session. Unspent Dining Dollars roll over from Fall semester to Spring but are forfeited at the conclusion of the Spring semester.



The 'Berg Bucks program is not part of any meal plan. The 'Berg Bucks program provides students with added flexibility and convenience! Independent of meal plans, 'Berg Bucks may be applied toward purchases at on-campus dining venues, the 'Berg Bookshop and campus laundry machines in major residence halls. 'Berg Bucks are a great way to supplement any meal plan!

# Local, Sustainable.

*Muhlenberg Dining takes pride in providing a nutritionally balanced, appealing selection of food to meet varying lifestyles of our customers through unique and engaging experiences. Sustainable dining is an important component to that balance. We believe in enriching the quality of life for Muhlenberg by connecting with the traditions of local agriculture. We support local farms and strive to educate our clients and customers on the benefits of nutritionally dense food that is good for both us and the environment.*



# Student Employment

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Catering is the perfect opportunity for students to earn some cash right here on campus with flexible hours that fit into their schedule.

Java Joe is not only a great place for Starbucks coffee and fresh-baked goods, it's a great place for students to work on campus. Java Joe is operated by our team of student baristas who complete the official Starbucks training program right here on campus.

Student internships are available throughout the academic year. We strive to educate students in food marketing, culinary management and sustainability. In return, students gain valuable on-the-job experience!

Contact us at [diningcomments@muhlenberg.edu](mailto:diningcomments@muhlenberg.edu) for more information regarding internships or view our postings in Handshake!



# STAY CONNECTED



*dining.muhlenberg.edu*



*Muhlenberg Dining Services*



*diningcomments@muhlenberg.edu*



*@bergdining*



*484.664.3488*



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